## Reflections and Sharing On Living, Loving, and Losing

In-House Barbara Bartkowiak Table 10

1. As you reflect upon the lives of those persons who have recently died (Sisters Harrriet, Marigene, Norma Matthews, Father Dan, Ginny Springer, Mirna Ferreira from Brazil, family relatives or friends) and your relationship with any one, or many, of them, how would you describe what she, he, or they meant to you and what they meant to the community?

All named a person who has died and shared their relationship. Some shared the mental anguish and help they needed to overcome past trauma.

- 2. What will you miss most about having this specific person (or persons) in your life?
- 3. What is something, a treasure, or a treasured memory, that any of these persons gave to you that you can hold onto forever and that can never be taken from you?

One sister had a cross that her friend had given her.

4. If you could be with any of these treasured people for just a little while, what is something you would want to say or share with her, him, or them, and what would you want them to know for all eternity?

## **Beyond Treasured People and Places**

There are so many kinds of losses we all experience. Perhaps you were not deeply affected by those who recently died and entered eternal life. Yet, you may have experienced the loss of a treasured ministry, the loss of specific abilities, the loss of a healthy body, the loss of energy, enthusiasm, and vitality. Whatever you have experienced, please share your own experience of the loss of something or someone you have treasured.

1. What did that ministry, that ability, your health, your energy and vitality mean to you?

This question was not discussed.

2. What do you miss and mourn as you reflect upon that which you have treasured and lost? What have you needed to do to surrender to living your life without those abilities, that ministry, your diminishment of health and energy?

3. What is a treasure you can hold onto as you reflect upon what you have lost?

4. What do you want to say to your Sisters about who you've become as you have come to terms with this loss?

## Reflections and Sharing On Living, Loving, and Losing

In-House Margaret Magee Table 13

1. As you reflect upon the lives of those persons who have recently died (Sisters Harrriet, Marigene, Norma Matthews, Father Dan, Ginny Springer, Mirna Ferreira from Brazil, family relatives or friends) and your relationship with any one, or many, of them, how would you describe what she, he, or they meant to you and what they meant to the community?

These were people who made us feel welcome and loved. Their passing is a reminder of how we are all connected.

2. What will you miss most about having this specific person (or persons) in your life?

- 3. What is something, a treasure, or a treasured memory, that any of these persons gave to you that you can hold onto forever and that can never be taken from you?
- 4. If you could be with any of these treasured people for just a little while, what is something you would want to say or share with her, him, or them, and what would you want them to know for all eternity?

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|----|---|
|    | mean to you?  |

| 2. | What do you miss and mourn as you reflect upon that which you have           |
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|    | life without those abilities, that ministry, your diminishment of health and |
|    | energy?  |

3. What is a treasure you can hold onto as you reflect upon what you have lost?

4. What do you want to say to your Sisters about who you've become as you have come to terms with this loss?